

# CROATIAN TRADITIONAL ITF TAEKWON-DO ASSOCIATION TITKD FORMA, Zagreb

# INVITATION LETTER INTERNATIONAL YOUTH OPEN

**DATE:** 21st May 2022 (Saturday)

**VENUE:** CITY SPORTS HALL DONJA STUBICA

ADRESS: Toplička cesta 25a, Donja Stubica, Croatia

**ORGANISER:** CTITA (HTITS)

**HOST:** TITKD FORMA

#### **ORGANISING COMMITTEE:**

- Branko Pomahač host representative
- Josip Knežević head umpire
- Adam Hercog tournament organisation representative

## **COMPETITOR APPLICATION:**

Club representatives will be able to apply their competitors via web page: www.taekwondo.com.hr, deadline on Sunday, 15th May 2022, in 00:00.

If a competitor is of a "maximum age" (e.g.12 in a U-13 category), he/she can compete in an older age category with extra fee.

**Note:** Competitors must have a doctors competitions permit to compete issued max. 6 months ago or later (reffered to the date of the competition). Clubs take full responsibility of the health status of their athlete.

#### **Age Categories:**

- U 9 entry age: 7 (or will turn 7 in the ongoing year of 2022)
   maxium age: 8 (born on 22nd May 2013 or younger)
- U 11 entry age: 9 (or will turn 9 in the ongoing year of 2022)
   maximum age: 10 (born on 22nd May 2011 or younger)
- U 13 entry age: 11 (or will turn 11 in the ongoing year of 2022)
   maximum age: 12 (born on 22nd May 2009 or younger)
- U 15 entry age: 13 (or will turn 7 in the ongoing year of 2022)
   Maximum age: 14 (born on 22nd May 2007 or younger)

All competitors must have obtained a minimum of 8th geup (yellow belt)

### **COMPETITION RULES AND DISCIPLINES:**

Competition rules are coordinated with the ITF, EITF i CTITA (*HTITS*) rules, and are modified according to age categories and the experimental discipline stated below.

The competition will be held in 3 disciplines: **sparring** (matsogi), **patterns** (tull) i and **kick skill challenge** 

#### Sparring (matsogi):

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U-9 M - 24kg; - 27kg; - 30kg; - 33kg; - 36kg; + 36kg

U-9 F - 24kg; - 27kg; - 30kg; - 33kg; - 36kg; + 36kg
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- 2 x 1 min rounds (30 sec rest)
- Sparring is paused at every point scored

- 2 x 1,5 min rounds (30 sec rest)
- Sparring is paused at every point scored

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U-13 M - 35kg; - 40kg; -45kg; -50kg; -55kg; -60kg; +60kg

U-13 F - 35kg; -40kg; -45kg; -50kg; -55kg; +55kg
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- 2 x 1,5 min rounds (30 sec rest)
- Continuous sparring

**U-15 M** - 40kg; - 45kg; -50kg; - 55kg; - 60 kg; -65 kg; +65 kg

**U-15 F** - 40 kg; -45kg; -50kg; -55kg; -60 kg; -65 kg; +65 kg

- 2 x 2 min rounds (1 min rest)
- Continuous sparring

Sparring discipline will be conducted by the rules of the *repechage* system.

Minimal number of competitors for each category must be **3**. Every category with 2 competitors or less will be joind with the upper category.

#### Patterns (tull):

U-9 M	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup		
U-9 F	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup		
U-11 M	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup		
U-11 F	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup		
U-13 M	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup	1. dan	
U-13 F	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup	1.dan	
U-15 M	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup	1. dan	2.dan
U-15 F	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup	1.dan	2.dan

- Competition will be held under cup system rules
- **Elimination rounds**: "lower" pattern (tull) of the category (according to geup) E.g. for the 4th,3rd geup category, mandatory pattern is Yull Gok
- **Finals:** elimination round patter + pattern given by the tatami head umpire ("higher" pattern will not be assigned E.g. for the **4th, 3rd geup** category **Yull Gok** is the highest pattern that cant be requested by the umpire)

#### \*\* NEW \*\* Kick Skill Challenge \*\*NEW\*\*

The competition will be held as a performance of kicking techniques on a freestanding kicking doll equiped with an electronic chest procetor in a defined time interval. The techniques will be assigned and performed according to the competitors geup (belt). E.g. green belts will be performing a dolleyo chagi or a "spin dolleyo chagi" (to the head or body)....

Written rules and a video presentation of this experimental discipline will **soon** be posted on the Croatian Traditional ITF Taekwon-do Association social media pages as well as sent to your offical e-mail adress.

U-9 M	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup		
U-9 F	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup		
U-11 M	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup		
U-11 F	8.,7.	6.,5.	4.,3.	2.,1.		
	kup	kup	kup	kup		
U-13 M	8.,7.	6.,5.	4.,3.	2.,1.	1.,2.	
	kup	kup	kup	kup	dan	
U-13 F	8.,7.	6.,5.	4.,3.	2.,1.	1.,2.	
	kup	kup	kup	kup	dan	
U-15 M	8.,7.	6.,5.	4.,3.	2.,1.	1.,2.	
	kup	kup	kup	kup	dan	
U-15 F	8.,7.	6.,5.	4.,3.	2.,1.	1.,2.	
	kup	kup	kup	kup	dan	
Dolyo chagi	_	_				20 + 20
(body) L + R	+	+				sec
Dolyo chagi	_	_	_	_	_	20 + 20
(head) L + R	+	+	+	+	+	sec
Twimio 360° dolyo		_	_	_	_	
chagi (body) LR		+	+	+	+	30 sec
Twimio 360° dolyo			_	_	_	
chagi (head) LR			+	+	+	30 sec
Twimio bande yop						
chagi (body) LR			+	+	+	30 sec
Bande dolyo chagi						
(head) LR				+	+	30 sec
Twimio 360° bande						
yop chagi (body) LR					+	30 sec

# **EQUIPMENT:**

Ofiicial uniform - an ITF dobok.

Sparring protective gear: foot protector gear, gloves, shin protectors, mouth gard, helment, groin protector.

Both gloves and helment must match according to the order of an athelte called to the tatami (first-red, second-blue). Foot protectors can be matching or of a neutral colour. Gloves must be of an open-hand type.

#### **COACHES:**

Coaches must be adults (18 or older) previously stated as coaches in the competition application. Coaches must wear suitable sportsware during the competition.

#### **SCHEDULE:**

8:00 – 9:30 – application confirmation and weigh in

9:30 – 9:45 – umpire and coach meeting

9:45 – 10:00 – opening ceremony and competition start

14:00 – 15:00 – lunch break

15:00 – ... competition resumption

The final official schedule will be posted after the application confirmation process.

#### **ENTRY FEE:**

- 120 kn (16 €) per competitor.
- If a competitor applies to compete in an aditional category, he/she must pay an aditional 90 kn (12 €)

#### **COVID RESTRICITONS:**

- Wearing a protective mask is recommended
- The competition will be held under COVID restrictions made by the Krapinsko -Zagorska County (some conditions may change)

#### FOR MORE INFO PLEASE CONTACT:

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