



20. adidas MAKSIMIR CUP

GYM – VLADIMIR PRELOG

Avenija Vukovar 269, 10 000 Zagreb, Croatia

Saturday 10.12.2022.

Info: +385 95 894 72 70

Applications: www.taekwondo.com.hr



KYORUGI, POOMSÆ, MINI OLYMPICS, KICK, PARA POOMSÆ

<p>Organizer: Taekwondo klub Maksimir, Čikoševa 4, 10000 Zagreb, Croatia</p> <p>Promotor: Maksimir city district</p> <p>President: Tihomir Horvath 7. Dan taekwondo.maksimir@gmail.com</p>	<p>KYORUGI WEIGHT CATEGORIES</p> <p>Younger cadets M / F (2011., 2012., 2013.) Y. cadets M/F: -24, -27, -30, -33, -36, -39, -43, -47, -51, +51</p> <p>Cadets M / F (2008., 2009., 2010.) A i B Cadets M: - 33, - 37, - 41, - 45, - 49, - 53, - 57, - 61, - 65, +65 Cadets F: - 29, - 33, - 37, - 41, - 44, - 47, - 51, - 55, - 59, + 59</p> <p>Juniors M / F (2005., 2006., 2007.) A i B Juniors M: - 45, - 48, - 51, - 55, - 59, - 63, - 68, - 73, - 78, +78 Juniors F: - 42, - 44, - 46, - 49, - 52, - 55, - 59, - 63, - 68, +68</p> <p>(A – 2. geup and more; B – from 6. to 3. geup)</p> <p>CADETS AND JUNIORS B (max. 3. geup) – WITHOUT kicks to the head</p> <p>CADETS AND JUNIORS A (min. 6. geup) PARA KYORUGI on: taekwondo.maksimir@gmail.com.</p>
<p>AWARDS</p> <ul style="list-style-type: none"> - medals for 1st, 2nd and two 3rd places - trophies for KYORUGI: 1st – 3rd place - trophies for all (KYORUGI, POOMSÆ, M.O., KICK): 1st – 5th place <p>(scoring: 7, 3, 1, 1 – win 1 point, application 1 point)</p> <p>LIABILITY All contestants participate at their own risk! The organizer bears no responsibility for any resulting injuries, damage or loss of items or equipment.</p> <p>MEMBERSHIPS WTF, ETU and HTS clubs and competitors can participate if they have signed parental consents (for participants under 18 years) and medical certificates for all registered competitors.</p>	<p>MINI OLYMPICS (LITTLE CUBS) (no registration needed)</p> <p>Little cubs M / F A (2014., 2015.) < 6. geup Little cubs M / F B (2016., 2017.) < 6. geup</p> <p>A - 20, - 22, - 24, - 27, - 30, - 33, - 36, - 40, - 45, +45 B - 18, - 20, - 22, - 24, - 26, - 28, - 30, - 33, -36, +36</p> <p>Organizer provides EPS gear ADIDAS This category does not require el. socks. Trophies for 1st to 3rd place (for teams only).</p>
<p>EQUIPMENT Organizer provides EPS DAE DO equipment. Competitors should have their own DAE DO el. socks.</p> <p>PARTICIPATON (on competition day or until 07.12.2022.) IBAN: HR4423400091110067049</p> <ul style="list-style-type: none"> - 25 € (1 – 14 competitors* – M / F) - 20 € (15 and more competitors* – M / F) <p>KICK: - 15 €</p> <p>POOMSÆ: - PAiR 30 € - TEAM 40 €</p> <p>*counting all club competitors in all categories of the cup</p>	<p>KICK</p> <ul style="list-style-type: none"> M / F 1 - (2010. i 2011.) M / F 2 - (2012. i 2013.) M / F 3 - (2014. i 2015.) M / F 4 - (2016. i 2017. and younger (Baby kick)) <p>In KICK competition, competitors come in pairs and in 20 seconds try to kick as many times into electronic shield attached to a free-standing bag. Points are shown in real time on the LCD screen. The winner goes forward by cup system.</p> <p>AWARDS ARE GIVEN TO ALL CONTESTANTS! Trophies for 1st to 3rd place (for teams only).</p>
<p>SCHEDULE</p> <p>Friday 09.12.2022. 17:30 – 19:00 – team arrivals, registration and weight-in + triage (Dobri dol 49)</p> <p>Saturday, 10.12.2022. („V. Prelog“) 07:30 – 09:00 - registration and weight-in + triage 09:00 – 09:30 - coaches and judges meeting in sports hall 09:30 – 09:45 OPENING CEREMONY 09:45 – START OF COMPETITION</p> <p>ACCOMODATIONS: +385 95 894 72 70 (Horvath)</p>	<p>POOMSÆ</p> <ul style="list-style-type: none"> - doubles and teams of B categories competing in finals perform the first form! - contestants with min. 2. geup (class B) can compete in categories of black belts (class A) by black belt rules and performing compulsory forms for given black belt categories <p>Trophies for 1st to 3rd place.</p> <p>PARA POOMSÆ – persons with special needs or disabilities perform poomsae as desired.</p>

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STANDARD POOMSAE CATEGORIES

GENDER	CATEGORY		YEARS	BELT	CLASS	I. ROUND	II. ROUND	FINALE
M	KA – 1	YOUNGER CADETS	8 – 11 years	8. – 5. geup	B	1		2
M	KA – 2	YOUNGER CADETS	8 – 11 years	4. – 1. geup	B	4		5
M	KA – 3	CADETS	12 – 14 years	8. – 5. geup	B	2		3
M	KA – 4	CADETS	12 – 14 years	4. – 1. geup	B	5		4
M	KA – 5	CADETS	8 – 14 years	1.– 3. poom	A	5	9	8, 7
F	KB – 1	YOUNGER CADETS	8 – 11 years	8. – 5. geup	B	1		2
F	KB – 2	YOUNGER CADETS	8 – 11 years	4. – 1. geup	B	4		5
F	KB – 3	CADETS	12 – 14 years	8. – 5. geup	B	2		1
F	KB – 4	CADETS	12 – 14 years	4. – 1. geup	B	4		7
F	KB – 5	CADETS	8 – 14 years	1.– 3. poom	A	6	7	8, 9

GENDER	CATEGORY		YEARS	BELT	CLASS	I. ROUND	II. ROUND	FINALE
M	JA – 1	JUNIORS	15 – 17 years	8. – 5. geup	B	2		1
M	JA – 2		15 – 17 years	4. – 1. geup	B	4		7
M	JA – 3		15 – 17 years	1. – 3. Poom/Dan	A	4	7	9, 10
F	JB – 1	JUNIORS	15 – 17 years	8. – 5. geup	B	2		1
F	JB – 2		15 – 17 years	4. – 1. geup	B	4		6
F	JB – 3		15 – 17 years	1. – 3. Poom/Dan	A	5	7	8, 9

GENDER	CATEGORY		YEARS	BELT	CLASS	I. ROUND	II. ROUND	FINALE
M	SA – 1	SENIORS	> 18 years	6. – 1. geup	B	4		7
M	SA – 2		18 – 30 years	> 1. Dan	A	11	12	13, 10
M	SA – 3		31 – 40 years	> 1. Dan	A	9	11	10, 12
M	MA – 1		41 – 50 years	> 1. Dan	A	10	11	14, 13
M	MA – 2		51 – 60 years	> 1. Dan	A	9	10	13, 14
M	MA – 3		61 – 65 years	> 1. Dan	A	11	10	13, 14
M	MA – 4		> 65 years	> 1. Dan	A	11	10	13, 14
F	SB – 1	SENIORS	> 18 years	6. – 1. geup	B	4		7
F	SB – 2		18 – 30 years	> 1. Dan	A	12	13	9, 11
F	SB – 3		31 – 40 years	> 1. Dan	A	12	13	9, 11
F	MB – 1		41 – 50 years	> 1. Dan	A	12	9	10, 11
F	MB – 2		51 – 60 years	> 1. Dan	A	9	10	11, 12
F	MB – 3		61 – 65 years	> 1. Dan	A	13	10	11, 12
F	MB – 4		> 65 years	> 1. Dan	A	13	10	11, 12

GENDER	CATEGORY		YEARS	BELT	CLASS	I. ROUND	II. ROUND	FINALE
M + F	D 1	SYNCHRONISED PAIR 1	8 – 14 years	8. – 1. geup	B	4	6	7, 8
M + F	D 2	SYNCHRONISED PAIR 2	8 – 14 years	> 1. Poom/Dan	A	4	6	7, 8
M + F	D 3	SYNCHRONISED PAIR 3	15 – 17 years	> 1. Poom/Dan	A	4	6	7, 8
M + F	D 4	SYNCHRONISED PAIR 4	> 18 years	> 1. Poom/Dan	A	4	6	7, 8
M	TA 1	SYNCHRONISED TEAM (M) 1	8 – 17 years	> 1. Poom/Dan	A	7	8	10, 11
M	TA 2	SYNCHRONISED TEAM (M) 2	> 18 years	> 1. Poom/Dan	A	7	8	10, 11
F	TB 1	SYNCHRONISED TEAM (F) 1	8 – 17 years	> 1. Poom/Dan	A	5	7	6, 9
F	TB 2	SYNCHRONISED TEAM (F) 2	> 18 years	> 1. Poom/Dan	A	5	7	6, 9

CREATIVE (FREE STYLE) FORMS CATEGORIES

GENDER	CATEGORY		YEARS	BELT	CLASS
M	K – KA	CREATIVE CADETS	8 – 11 years	> 4. geup	B
F	K – KB	CREATIVE CADETS	8 – 11 years	> 4. geup	B
M	K – JA	CREATIVE JUNIORS	12 – 17 years	> 1. Poom/Dan	A
F	K – JB	CREATIVE JUNIORS	12 – 17 years	> 1. Poom/Dan	A
M	K – A	CREATIVE SENIORS	> 18 years	> 1. Poom/Dan	A
F	K – B	CREATIVE SENIORS	> 18 years	> 1. Poom/Dan	A
M + F	K – D 1	CREATIVE PAIR 1	12 – 17 years	> 1. Poom/Dan	A
M + F	K – D 2	CREATIVE PAIR 2	> 18 years	> 1. Poom/Dan	A
M + F	K – T	CREATIVE TEAM (with 1 replacement)	> 12 years	> 1. Poom/Dan	A

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PARA TAEKWONDO CATEGORIES

P10 – Visual Impairments

P20 – Intellectually Impaired

P30 – Physical Impairments

P40 – Limb Deficiency and/or Impaired Muscle Strength

P50 – Wheelchair Classes

KP60 – Deaf and hearing Impaired

P70 – Short Stature

K40 (combat - kyorugi) – Limb Deficiency and/or Impaired Muscle Strength